Global One Life & Land Skills Curriculum

GROW • BUILD • HEAL • LEAD

Hands-on education that connects land, practical skills, community wellness, and economic opportunity.

Global One Urban Farming provides practical, experiential learning designed to help young people and adults develop skills they can use in their homes, careers, businesses, and communities. The curriculum connects urban agriculture and food access with environmental stewardship, wellness, entrepreneurship, and community leadership.

Learning tracks

Youth Track — Ages 12–18

Practical learning for young people, connecting land, life skills, and leadership.

Adult Track — Ages 18 and older

Experiential education for skills at home, at work, and in the community.

Intergenerational Workshops — Youth and adults together

Shared learning opportunities where generations exchange skills and experience.

These tracks define the curriculum structure. Contact Global One to confirm current offerings, dates, locations, and enrollment availability.

Program formats

Multiweek programs, hands-on workshops, and customized educational programming for schools and community organizations. The specialized 12-week agriculture program is one part of the broader Life & Land Skills Curriculum.

What participants gain

Practical learning and hands-on projects; agricultural knowledge; opportunities to practice teamwork, leadership, planning, entrepreneurship, product development, and self-sufficiency. These are learning opportunities, not guaranteed results.

Six learning areas

GROW

Urban agriculture, seed starting, soil health, sustainable growing, food production, and food security.

BUILD

Basic carpentry, raised beds, garden infrastructure, and practical building skills.

HEAL

Nutrition education, body awareness, wellness, and the connections between land, food, and community health.

EARN

Entrepreneurship, agricultural business, product development, and economic opportunity.

LEAD

Community leadership, teamwork, nonprofit operations, project planning, and community engagement.

THRIVE

Life skills, self-sufficiency, problem-solving, and personal leadership.

Partnerships & access

Schools, nonprofits, community organizations, and other institutions are invited to request customized programming or discuss sponsored cohorts. Organizational contract pricing is confirmed individually. Grant-funded participation depends on funding and eligibility; it is not guaranteed.

Ask whether scholarships or sliding-scale opportunities are currently available. Confirm whether a completion certificate is offered for your specific program; this syllabus does not promise a credential.

Specialized 12-week agriculture program

Existing format: 12 weeks, 2 two-hour sessions per week (24 sessions total), with cohorts of 15–25. This is a description of the program format, not a confirmed upcoming schedule.

01 | Foundations of Urban Agriculture

Growing food in the city: site selection, raised beds, containers, and planning growing spaces.

02 | Soil Health and Regenerative Practices

Understanding living soil, composting, soil amendments, and stewardship.

03 | Seed Starting and Greenhouse Production

Seed selection, propagation, greenhouse growing, transplanting, and hardening off.

04 | Crop Production and Seasonal Growing

Planting, watering, tending crops, and planning for seasonal conditions.

05 | Pollinators, Bees, and Biodiversity

Exploring pollinator habitat, bees, native plants, and healthy growing ecosystems.

06 | Harvest, Distribution, and Community Wellness

Harvest timing, produce handling, food distribution, and connections to community health.

Additional classes included in the full program

Food Demonstration Class

A food demonstration class included in the full Life & Land Skills program.

Oil Making Class

An oil making class included in the full Life & Land Skills program.

These classes complement the six agriculture modules; they do not replace them. Ask about class dates and arrangements when inquiring about enrollment.

Full-program pricing

Individual enrollment: $1,200 per participant for the full program. Three agriculture module-pair packages at $250 each total $750. The Food Demonstration Class and Oil Making Class together are $450.

$750 agriculture packages + $450 combined additional classes = $1,200 full program. No individual price is listed for either additional class. Organizational contracts and grant-funded participation are separate arrangements.

Request a program, ask about enrollment, discuss a partnership, or support educational programming through the existing inquiry form:

globaloneurbanfarming.org/curriculum